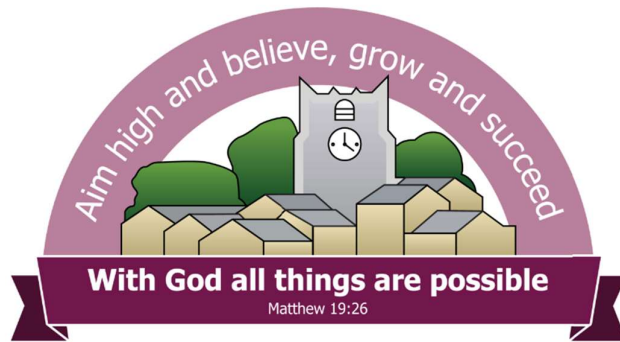




School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 21 st July	•
Tuesday 22 nd July	• Churchtown Tots- 9am-10.30am. All welcome. • Class 1 Forest School
Wednesday 23 rd July	• Whole school trip to Peak Rail- please see Parentpay for further details
Thursday 24 th July	• Leavers service- 2.30pm at St Helens Church. All welcome.
Friday 25 th July	• School closed
Monday 28 th July	• School closed
Tuesday 29 th July	• School closed
Wednesday 30 th July	• School closed
Thursday 31 st July	• School closed
Friday 1 st August	• School closed

Other news:

- We have lots of good quality, donated school uniform in school. Please contact the office if you need anything.
- If you need to apply for a medical diet for your child for the next school year, please use the following link- <https://www.schoolmeals.derbyshire.gov.uk/allergies-and-special-diets/allergies-and-special-diets.aspx>
- Just to remind you, if you pay for your child's school lunches these should be paid in **advance** of the meal being taken where possible. Thank you.
- **Healthy Snacks-** Children are welcome to bring a healthy snack to school to eat at morning break. **Please ensure this does not include chocolate, cake or sweets.**

- A reminder that breakfast club is now free to all children. Bookings are essential so we can ensure correct staff levels and breakfast supplies.
- Please ensure children have a water bottle in school every day.
- We still have a few children without a PE kit in school. Please make sure a full PE kit including trainers is kept in school at all times, these will be sent home every half term to be washed. PE days do change and kits are also needed for after school sports clubs. We have spare uniform available in school so please do ask if you need anything.

FURTHER DATES FOR YOUR DIARY	
22/07/2025	Class 1 Forest School
23/07/2025	Whole school trip- Peak Rail
24/07/2025	Leavers service
24/07/2025	Last day of term

In September 2013 the government introduced new regulations making it clear that Headteachers must not give approval for any leave of absence during term time, including holidays, unless there are exceptional circumstances. Parents are not entitled to take their children on holiday in term time. Planned absence can only be taken with the prior written approval of the headteacher. Each case will be considered on its own merits and the decision of the headteacher is final.

Any requests for term time leave should be made on a leave of absence request form available from the school office and handed in at least two school weeks before the first date of the requested absence whenever possible. You must have received written authorisation before your child can be absent from school.

If a request for leave is denied and the pupil is absent for 5 days or more then the school is expected to refer the case to the local authority. Parent/carers may be issued with a penalty notice fine or prosecution should leave of 5 days or more be taken which is not authorised by the Headteacher, or where repeated incidents of leave in term time for less than 5 days occur or where the unauthorised absence contributes to wider poor attendance that meets the legal threshold. If unpaid this could lead to prosecution under section 444(1) of The Education Act 1996

Absence deemed for the reason of unauthorised leave in term time will be marked in the register with the Attendance code G.

Further information regarding school attendance and penalty notices can be found on the DCC website <https://www.derbyshire.gov.uk/education/schools/welfare-services/attendance/school-attendance.aspx>

Please see our Attendance policy on our school website for more details.



Spring & Summer Menu

Available Daily:
Bread, Salad,
Fresh Fruit,
Yoghurt &
Drinking Water

Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	Se
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	"Meal designed by pupils at Staveley Junior School" Crispy Beef Tacos with Sunshine Rice	V Creamy Tomato Lasagne G/M/Mu/So with Garlic Bread G & Side Salad	Roast of the Day with Stuffing G Mashed Potatoes M Seasonal Veg. & Gravy	Big Breakfast Sausage G/So/Su, Bacon, Hash Browns, Baked Beans & Tomatoes	Fish Fingers F/G with Chips, Carrots & Sweetcorn
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chewy Cherry Cookie E/G 	Ice Cream M with Fruit 	Flapjack G with Fruit 	Jaffa Choc Pot M 	Strawberry Marbled Muffin E/G/M

Weeks Starting: 21.04.25 / 12.05.25 / 09.06.25 / 30.06.25 / 21.07.25 / 15.09.25 / 06.10.25

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Golden Pastry Topped Pie E/G/M with New Potatoes, Seasonal Veg. & Gravy	V Cheese & Tomato Pizza G/M with Potato Wedges & Side Salad	Pork Sausages G/So/Su with Mashed Potatoes M Seasonal Veg. Yorkshire Pudding E/G/M & Gravy	BBQ Chicken Fajita Wrap G with Sweetcorn Salsa, Oven Baked Potatoes & Seasonal Veg. 	Fish Stars F/G with Chips, Baked Beans & Peas
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Oaty Cookie Su/G	Chocolate Pear Slice E/G 	Sprinkle Cake E/G	Strawberry Whip M 	Scrumble G with Fruit & Ice Cream M

Weeks Starting: 28.04.25 / 19.05.25 / 16.06.25 / 07.07.25 / 01.09.25 / 22.09.25 / 13.10.25

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese & Bean Enchilada G/M with Mexican Rice & Salad 	Beef Burger G in a Bun G with Diced Potatoes, Salad & Rainbow Slaw E/Mu	Roast of the Day with Stuffing G Mashed Potatoes M Seasonal Veg. & Gravy	Chicken Curry M served with Rice & Homemade Flatbread G/So 	Fish Fingers F/G with Chips, Carrots & Sweetcorn
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chocolate Orange Cookie G	Lemon Muffin E/G	Chocolate Cracknel M/G & Fruit 	Jelly & Fruit 	Pancakes E/G/M with Fruit Coulis

Weeks Starting: 05.05.25 / 02.06.25 / 23.06.25 / 14.07.25 / 08.09.25 / 29.09.25 / 20.10.25



Beat the heat

Plan ahead



Check the weather
forecast and the news



Plan ahead to
avoid the heat



Schedule activities to
cooler times of the day

Keep yourself cool



Drink plenty of fluids and
avoid excess alcohol



Wear sunscreen, a
hat, and sunglasses



Cool your skin with water
and slow down

Find somewhere cool



Close blinds and curtains
during the day



Go indoors or outdoors,
whichever feels cooler



Avoid closed spaces
like stationary cars

Be safe



Be on the lookout
for signs of heat
related illness



Look after yourself
and check in with
others



Stay safe when
swimming



Get help. Call
NHS 111 or in an
emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat

Keeping children safe during hot weather



- Are you aware children are more vulnerable to the hot weather?
- Children cannot control their body temperature as efficiently as adults because they do not sweat as much.
- Here are some top tips to keep children safe in the heat.

Stay cool

Avoid direct sunlight during the hottest times of the day from 11am – 3pm.

Be prepared!

Think about signing up to the [Met Office Alerts](#) and watch the weather forecast to prepare for heatwaves.

Ensure you are aware of the procedures in your setting if there is a heatwave and any action you may need to take.

Staff should be aware of health risks from heat, including heat stress, heat exhaustion & heatstroke. It is important to be aware of the symptoms and how to treat.

[Looking after children and those in early years settings before and during hot weather: teachers and other educational professionals - GOV.UK](#)

Stay hydrated

Provide and encourage frequent drinks to children to ensure they are hydrated.

Staying safe outside

Ask parents to dress children in loose-fitting, light-coloured clothing that covers as much of their child's body as possible.

Children should wear hats that shade the face, neck, and ears.

Apply sunscreen before going outdoors and reapply every 2 hours.

Children should be encouraged to stay in the shade as much as possible.

Remember:

- ✓ The best way to enjoy the sun safely and protect your skin is to use shade, clothing, and sunscreen
- ✓ Shade and clothing are better than sunscreen at protecting your skin.
- ✓ Sunscreen shouldn't be used to spend longer in the sun. But they can be useful for protecting the parts of the body not covered by clothing or shade.

Note: This guidance applies equally to adults.

For more information visit: [Keeping cool in summer - Derbyshire County Council](#)

10 Top Tips for Parents and Educators

STAYING SAFE AROUND WATER

Enjoying time in, on, and around water plays a vital role in a young person's overall development, offering a healthy and exhilarating way to have fun. This guide outlines essential safety advice, based on the Royal Life Saving Society UK's Water Safety Code, to help ensure children can enjoy swimming and similar activities safely and responsibly.

1 STICK TO LIFEGUARDED AREAS

It's never advisable to enter unsupervised bodies of water, especially alone. Instead, it's considered best practice to accompany children to places with lifeguards, as they will be trained to respond swiftly in emergencies and provide first aid when needed.

2 LEARN SIGNS AND FLAGS

When going to a new environment, it's important to research the local area and make children aware of safety signage before entering the water. If visiting the seaside, make sure children are always supervised by an adult and that they know what different beach flags mean, so they're knowledgeable of where and when they can enter the sea.

3 STOP AND THINK

Young people should be cautious before entering water, as it's difficult to know what hazards could be underneath. Use the Water Safety Code and encourage children to ask themselves questions such as, "Is the water too deep or too shallow? Are there currents, tides, or underwater objects?" Make sure children know never to enter water from a height, as what lurks below could cause serious injuries.

4 CONSIDER WATER TEMPERATURE

Even on hot days, water can be deceptively cold. Tragedies strike when young people experience cold water shock. Never let children enter water quickly; instead, ensure that they enter slowly and carefully to allow their bodies to adjust to the temperature or exit easily if needed.

5 INFLATABLE SAFETY

Although inflatables may seem like a fun idea when visiting locations like the beach, they can float further out from shore and into more dangerous water. It's advisable only to use inflatables in spaces like appropriately managed swimming pools, where they're used in more controlled and supervised environments.

6 SUPERVISION IS KEY

For young children, and particularly those under the age of five, it's important for them to be supervised at home, outside and at the pool at all times. It's essential for parents and educators to understand that young children can drown quickly and silently; therefore, anyone supervising them must maintain constant watch in case they get into difficulty.

7 DON'T GO TOO FAR

When swimming, especially in open water, it's best to teach children to stay within a safe depth. Share advice with them such as only entering water up to a standing depth, and in the case of kissing the beach, swim parallel to shorelines. This will allow a child to stay in control and get out of the water easily.

8 KEEP POOLS AND TUBS DRAINED

For parents of young children, a simple way to protect them at home is to keep outdoor spaces and bathrooms tidy after playtime. This includes removing water from paddling pools after use and turning them over, returning lids to hot tubs and taking toys out of bathtubs, so that water can be fully drained from the tub.

9 FLOAT AND CALL 999

If a child gets into difficulty in the water, they should try to float on their back, stay calm, and call for help. If a young person sees someone else in trouble, they should dial 999 or 112 immediately, then shout to reassure their friend, encouraging them to float on their back, and letting them know that help is on the way. Children should never enter the water to attempt a rescue or retrieve belongings.

10 TEACH WATER SAFETY

Beyond swimming lessons, children should be educated in school on water safety. Use RLS UK's accredited programme, 'Water Smart Schools', which offers free lesson plans and resources on how to be safe on, near and around water by following the Water Safety Code.

Meet Our Expert

The Royal Life Saving Society UK (RLSS UK) is a national water safety charity that gives children the chance to enjoy a lifetime of fun in the water, safely. Water safety education provided in schools is vital and, in some instances, could be a child's only opportunity to learn about the water.



The National College

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