



School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 26 th May	• School closed
Tuesday 27 th May	• School closed
Wednesday 28 th May	• School closed
Thursday 29 th May	• School closed
Friday 30 th May	• School closed
Monday 2 nd June	• INSET day- school closed
Tuesday 3 rd June	• Churchtown Tots- 9am-10.30am. All welcome. • Class 2 Forest School • After school sports club- Tennis. Please see Parentpay for details and bookings.
Wednesday 4 th June	• Class 2 Swimming
Thursday 5 th June	• After school sports club- Football. Please see Parentpay for bookings.
Friday 6 th June	• Celebration Assembly- 3pm, you will receive an invitation if your child has been chosen to receive an award this week.

Other news:

- We have lots of good quality, donated school uniform in school. Please contact the office if you need anything.
- Just to remind you, if you pay for your child's school lunches these should be paid in **advance** of the meal being taken where possible. Thank you.
- Please ensure children have a water bottle in school every day.
- We still have a few children without a PE kit in school. Please make sure a full PE kit including trainers is kept in school at all times, these will be sent home every half term to be washed. PE days do change and kits are also needed for after school sports clubs. We have spare uniform available in school so please do ask if you need anything.
- **Healthy Snacks-** Children are welcome to bring a healthy snack to school to eat at morning break. **Please ensure this does not include chocolate, cake or sweets.**
- The sunny weather looks like it is here to stay for a while. Children will need sun hats, water bottles and suncream in school please. Please apply suncream **before** school so we can get outside and enjoy the lovely weather.
- After school clubs for next term are now live on Parentpay.

FURTHER DATES FOR YOUR DIARY	
09/06/2025	Class 2 Forest School
10/06/2025	Football league match
12/06/2025	South Peak sports
17/06/2025	Class 2 Forest School
18/06/2025	Class 1 dance at All Saints Junior school
18/06/2025	Class 3 Grass track cycling
19/06/2025	Class 2 Activity day and sleepover
19/06/2025	Football league match
20/06/2025	Class 2 Activity day and sleepover- 2 nd day
23/06/2025	New starter parents meeting
23/06/2025	Football League Match
25/06/2025	Lady Manners Transition day 1
27/06/2025	PTA leavers disco
01/07/2025	Highfields transition day
01/07/2025	New starter transition day
01/07/2025	Move up day
02/07/2025	Lady Manners transition day 2
02/07/2025	Class 3 residential
08/07/2025	New starter stay and play
09/07/2025	Class 1 sports day event at All Saints Juniors
11/07/2025	Sports Day- New date
12/07/2025	PTA Summer Fair
14/07/2025	Football league match
15/07/2025	Junior Play
16/07/2025	Sports presentation
17/07/2025	Year 6 pizza party
24/07/2025	Leavers service
02/06/2025	INSET
03/06/2025	School reopens
24/07/2025	Last day of term

In September 2013 the government introduced new regulations making it clear that Headteachers must not give approval for any leave of absence during term time, including holidays, unless there are exceptional circumstances. Parents are not entitled to take their children on holiday in term time. Planned absence can only be taken with the prior written approval of the headteacher. Each case will be considered on its own merits and the decision of the headteacher is final.

Any requests for term time leave should be made on a leave of absence request form available from the school office and handed in at least two school weeks before the first date of the requested absence whenever possible. You must have received written authorisation before your child can be absent from school.

If a request for leave is denied and the pupil is absent for 5 days or more then the school is expected to refer the case to the local authority. Parent/carers may be issued with a penalty notice fine or prosecution should leave of 5 days or more be taken which is not authorised by the Headteacher, or where repeated incidents of leave in term time for less than 5 days occur or where the unauthorised absence contributes to wider poor attendance that meets the legal threshold. If unpaid this could lead to prosecution under section 444(1) of The Education Act 1996

Absence deemed for the reason of unauthorised leave in term time will be marked in the register with the Attendance code G.

Further information regarding school attendance and penalty notices can be found on the DCC website <https://www.derbyshire.gov.uk/education/schools/welfare-services/attendance/school-attendance.aspx>

Please see our Attendance policy on our school website for more details.

Please do not hesitate to contact us on 01629 732236 or by email info@darleychurchtown.derbyshire.sch.uk with any questions or queries.

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

WHAT ARE THE RISKS?

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'tough off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportthamfulcontent.com.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these skills and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



#WakeUpWednesday

The National College

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Spring & Summer Menu

Available Daily:
Bread, Salad,
Fresh Fruit,
Yoghurt &
Drinking Water

Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	Se
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	"Meal designed by pupils at Staveley Junior School" Crispy Beef Tacos with Sunshine Rice	V Creamy Tomato Lasagne G/M/Mu/So with Garlic Bread G & Side Salad	Roast of the Day with Stuffing G Mashed Potatoes M Seasonal Veg. & Gravy	Big Breakfast Sausage G/So/Su, Bacon, Hash Browns, Baked Beans & Tomatoes	Fish Fingers F/G with Chips, Carrots & Sweetcorn Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chewy Cherry Cookie E/G Jif	Ice Cream M with Fruit Jif	Flapjack G with Fruit Jif	Jaffa Chee Pot M Jif	Strawberry Marbled Muffin E/G/M Jif

Weeks Starting: 21.04.25 / 12.05.25 / 09.06.25 / 30.06.25 / 21.07.25 / 15.09.25 / 06.10.25

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Golden Pastry Topped Pie E/G/M with New Potatoes, Seasonal Veg. & Gravy	V Cheese & Tomato Pizza G/M with Potato Wedges & Side Salad	Pork Sausages G/So/Su with Mashed Potatoes M Seasonal Veg. Yorkshire Pudding E/G/M & Gravy	BBQ Chicken Fajita Wrap G with Sweetcorn Salsa, Oven Baked Potatoes & Seasonal Veg. Jif	Fish Stars F/G with Chips, Baked Beans & Peas Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Oaty Cookie Su/G Jif	Chocolate Pear Slice E/G Jif	Sprinkle Cake E/G Jif	Strawberry Whip M Jif	Scrumble G with Fruit & Ice Cream M Jif

Weeks Starting: 28.04.25 / 19.05.25 / 16.06.25 / 07.07.25 / 01.09.25 / 22.09.25 / 13.10.25

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese & Bean Enchilada G/M with Mexican Rice & Salad Tilda	Beef Burger G in a Bun G with Diced Potatoes, Salad & Rainbow Slaw E/Mu	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Chicken Curry M served with Rice & Homemade Flatbread G/So Tilda	Fish Fingers F/G with Chips, Carrots & Sweetcorn Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chocolate Orange Cookie G Jif	Lemon Muffin E/G Jif	Chocolate Cracknel M/G & Fruit Jif	Jelly & Fruit Jif	Pancakes E/G/M with Fruit Coulis Jif

Weeks Starting: 05.05.25 / 02.06.25 / 23.06.25 / 14.07.25 / 08.09.25 / 29.09.25 / 20.10.25



Beat the heat

Plan ahead



Check the weather
forecast and the news



Plan ahead to
avoid the heat



Schedule activities to
cooler times of the day

Keep yourself cool



Drink plenty of fluids and
avoid excess alcohol



Wear sunscreen, a
hat, and sunglasses



Cool your skin with water
and slow down

Find somewhere cool



Close blinds and curtains
during the day



Go indoors or outdoors,
whichever feels cooler



Avoid closed spaces
like stationary cars

Be safe



Be on the lookout
for signs of heat
related illness



Look after yourself
and check in with
others



Stay safe when
swimming



Get help. Call
NHS 111 or in an
emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat

Keeping children safe during hot weather



- Are you aware children are more vulnerable to the hot weather?
- Children cannot control their body temperature as efficiently as adults because they do not sweat as much.
- Here are some top tips to keep children safe in the heat.

Stay cool

Avoid direct sunlight during the hottest times of the day from 11am – 3pm.

Be prepared!

Think about signing up to the [Met Office Alerts](#) and watch the weather forecast to prepare for heatwaves.

Ensure you are aware of the procedures in your setting if there is a heatwave and any action you may need to take.

Staff should be aware of health risks from heat, including heat stress, heat exhaustion & heatstroke. It is important to be aware of the symptoms and how to treat.

[Looking after children and those in early years settings before and during hot weather: teachers and other educational professionals - GOV.UK](#)

Stay hydrated

Provide and encourage frequent drinks to children to ensure they are hydrated.

Staying safe outside

Ask parents to dress children in loose-fitting, light-coloured clothing that covers as much of their child's body as possible.

Children should wear hats that shade the face, neck, and ears.

Apply sunscreen before going outdoors and reapply every 2 hours.

Children should be encouraged to stay in the shade as much as possible.

Remember:

- ✓ The best way to enjoy the sun safely and protect your skin is to use shade, clothing, and sunscreen
- ✓ Shade and clothing are better than sunscreen at protecting your skin.
- ✓ Sunscreen shouldn't be used to spend longer in the sun. But they can be useful for protecting the parts of the body not covered by clothing or shade.

Note: This guidance applies equally to adults.

For more information visit: [Keeping cool in summer - Derbyshire County Council](#)