



School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 5 th May	• Bank holiday- School closed.
Tuesday 6 th May	• Churchtown Tots- 9am-10.30am. All welcome. • After school sports club- Dodgeball. Please see Parentpay for bookings.
Wednesday 7 th May	• Swimming- Class 2. •
Thursday 8 th May	• After school sports club- Athletics. Please see Parentpay for bookings.
Friday 9 th May	• Celebration Assembly- 3pm, you will receive an invitation if your child has been chosen to receive an award this week.
Monday 12 th May	•
Tuesday 13 th May	• No Churchtown Tots this week. • After school sports club- Dodgeball. Please see Parentpay for bookings.
Wednesday 14 th May	• Swimming- Class 2.
Thursday 15 th May	• After school sports club- Athletics. Please see Parentpay for bookings. • Special lunch- Fakeaway.
Friday 16 th May	• Celebration Assembly- 3pm, you will receive an invitation if your child has been chosen to receive an award this week. • Year 6 Celebration Event.

Other news:

- **Summer uniform-** During warm weather children should still wear school uniform and black school shoes, black or grey shorts and **red summer dresses** are part of our uniform. Children will need sunhats and suncream in school and also a water bottle.
- We have lots of good quality, donated school uniform in school. Please contact the office if you need anything.
- Just to remind you, if you pay for your child's school lunches these should be paid in **advance** of the meal being taken where possible. Thank you.
- Please ensure children have a water bottle in school every day.
- We still have a few children without a PE kit in school. Please make sure a full PE kit including trainers is kept in school at all times, these will be sent home every half term to be washed. PE days do change and kits are also needed for after school sports clubs. We have spare uniform available in school so please do ask if you need anything.
- **Healthy Snacks-** Children are welcome to bring a healthy snack to school to eat at morning break. **Please ensure this does not include chocolate, cake or sweets.**
- We are introducing a new award to our weekly celebration assembly. One child will be chosen each week to receive the very special Churchtown Champion award, this award will be based on our school vision and values. This half term we are focussing on perseverance.

FURTHER DATES FOR YOUR DIARY	
19/05/2025	Football league match
22/05/2025	Bunting Cup
06/06/2025	Sports day
10/06/2025	Football league match
12/06/2025	South Peak sports
18/06/2025	Class 1 dance at All Saints Junior school
18/06/2025	Class 3 Grass track cycling
19/06/2025	Class 2 Activity day and sleepover
19/06/2025	Football league match
20/06/2025	Class 2 Activity day and sleepover- 2 nd day
23/06/2025	New starter parents meeting
25/06/2025	Lady Manners Transition day 1
27/06/2025	PTA leavers disco
01/07/2025	Highfields transition day
01/07/2025	New starter transition day
01/07/2025	Move up day
02/07/2025	Lady Manners transition day 2
02/07/2025	Class 3 residential
08/07/2025	New starter stay and play
09/07/2025	Class 1 sports day event at All Saints Juniors
12/07/2025	PTA Summer Fair
14/07/2025	Football league match
16/07/2025	Sports presentation
22/07/2025	Junior play
23/07/2025	Year 6 pizza party
23/07/2025	Leavers service
05/05/2025	Bank holiday- School closed
23/05/2025	Last day of term
02/06/2025	INSET
03/06/2025	School reopens
24/07/2025	Last day of term

In September 2013 the government introduced new regulations making it clear that Headteachers must not give approval for any leave of absence during term time, including holidays, unless there are exceptional circumstances. Parents are not entitled to take their children on holiday in term time. Planned absence can only be taken with the prior written approval of the headteacher. Each case will be considered on its own merits and the decision of the headteacher is final.

Any requests for term time leave should be made on a leave of absence request form available from the school office and handed in at least two school weeks before the first date of the requested absence whenever possible. You must have received written authorisation before your child can be absent from school.

If a request for leave is denied and the pupil is absent for 5 days or more then the school is expected to refer the case to the local authority. Parent/carers may be issued with a penalty notice fine or prosecution should leave of 5 days or more be taken which is not authorised by the Headteacher, or where repeated incidents of leave in term time for less than 5 days occur or where the unauthorised absence contributes to wider poor attendance that meets the legal threshold. If unpaid this could lead to prosecution under section 444(1) of The Education Act 1996

Absence deemed for the reason of unauthorised leave in term time will be marked in the register with the Attendance code G.

Further information regarding school attendance and penalty notices can be found on the DCC website <https://www.derbyshire.gov.uk/education/schools/welfare-services/attendance/school-attendance.aspx>

Please see our Attendance policy on our school website for more details.

Please do not hesitate to contact us on 01629 732236 or by email info@darleychurchtown.derbyshire.sch.uk with any questions or queries.

What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

WHAT ARE THE RISKS?

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioners for England, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. Sextortion gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 20-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.

26 FRIENDS
ONLINE NOW

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



#WakeUpWednesday

The National College

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Spring & Summer Menu

Available Daily:
Bread, Salad,
Fresh Fruit,
Yoghurt &
Drinking Water

Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	Se
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	"Meal designed by pupils at Staveley Junior School" Crispy Beef Tacos with Sunshine Rice	V Creamy Tomato Lasagne G/M/Mu/So with Garlic Bread G & Side Salad	Roast of the Day with Stuffing G Mashed Potatoes M Seasonal Veg. & Gravy	Big Breakfast Sausage G/So/Su, Bacon, Hash Browns, Baked Beans & Tomatoes	Fish Fingers F/G with Chips, Carrots & Sweetcorn Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chewy Cherry Cookie E/G Jif	Ice Cream M with Fruit Jif	Flapjack G with Fruit Jif	Jaffa Chee Pot M Jif	Strawberry Marbled Muffin E/G/M Jif

Weeks Starting: 21.04.25 / 12.05.25 / 09.06.25 / 30.06.25 / 21.07.25 / 15.09.25 / 06.10.25

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Golden Pastry Topped Pie E/G/M with New Potatoes, Seasonal Veg. & Gravy	V Cheese & Tomato Pizza G/M with Potato Wedges & Side Salad	Pork Sausages G/So/Su with Mashed Potatoes M Seasonal Veg. Yorkshire Pudding E/G/M & Gravy	BBQ Chicken Fajita Wrap G with Sweetcorn Salsa, Oven Baked Potatoes & Seasonal Veg. Jif	Fish Stars F/G with Chips, Baked Beans & Peas Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Oaty Cookie Su/G Jif	Chocolate Pear Slice E/G Jif	Sprinkle Cake E/G Jif	Strawberry Whip M Jif	Scrumble G with Fruit & Ice Cream M Jif

Weeks Starting: 28.04.25 / 19.05.25 / 16.06.25 / 07.07.25 / 01.09.25 / 22.09.25 / 13.10.25

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese & Bean Enchilada G/M with Mexican Rice & Salad Tilda	Beef Burger G in a Bun G with Diced Potatoes, Salad & Rainbow Slaw E/Mu	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Chicken Curry M served with Rice & Homemade Flatbread G/So Tilda	Fish Fingers F/G with Chips, Carrots & Sweetcorn Jif
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Chocolate Orange Cookie G Jif	Lemon Muffin E/G Jif	Chocolate Cracknel M/G & Fruit Jif	Jelly & Fruit Jif	Pancakes E/G/M with Fruit Coulis Jif

Weeks Starting: 05.05.25 / 02.06.25 / 23.06.25 / 14.07.25 / 08.09.25 / 29.09.25 / 20.10.25



Beat the heat

Plan ahead



Check the weather forecast and the news



Plan ahead to avoid the heat



Schedule activities to cooler times of the day

Keep yourself cool



Drink plenty of fluids and avoid excess alcohol



Wear sunscreen, a hat, and sunglasses



Cool your skin with water and slow down

Find somewhere cool



Close blinds and curtains during the day



Go indoors or outdoors, whichever feels cooler



Avoid closed spaces like stationary cars

Be safe



Be on the lookout for signs of heat related illness



Look after yourself and check in with others



Stay safe when swimming



Get help. Call NHS 111 or in an emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat

Keeping children safe during hot weather



- Are you aware children are more vulnerable to the hot weather?
- Children cannot control their body temperature as efficiently as adults because they do not sweat as much.
- Here are some top tips to keep children safe in the heat.

Stay cool

Avoid direct sunlight during the hottest times of the day from 11am – 3pm.

Be prepared!

Think about signing up to the [Met Office Alerts](#) and watch the weather forecast to prepare for heatwaves.

Ensure you are aware of the procedures in your setting if there is a heatwave and any action you may need to take.

Staff should be aware of health risks from heat, including heat stress, heat exhaustion & heatstroke. It is important to be aware of the symptoms and how to treat.

[Looking after children and those in early years settings before and during hot weather: teachers and other educational professionals - GOV.UK](#)

Stay hydrated

Provide and encourage frequent drinks to children to ensure they are hydrated.

Staying safe outside

Ask parents to dress children in loose-fitting, light-coloured clothing that covers as much of their child's body as possible.

Children should wear hats that shade the face, neck, and ears.

Apply sunscreen before going outdoors and reapply every 2 hours.

Children should be encouraged to stay in the shade as much as possible.

Remember:

- ✓ The best way to enjoy the sun safely and protect your skin is to use shade, clothing, and sunscreen
- ✓ Shade and clothing are better than sunscreen at protecting your skin.
- ✓ Sunscreen shouldn't be used to spend longer in the sun. But they can be useful for protecting the parts of the body not covered by clothing or shade.

Note: This guidance applies equally to adults.

For more information visit: [Keeping cool in summer - Derbyshire County Council](#)